ABA THERAPY THROUGH TRICARE
A step-by-step guide for TRICARE enrollees

HOW TO ACCESS SERVICES

✔ RECEIVE DIAGNOSIS
See your primary care provider for an evaluation or a referral

✔ ENROLL IN EFMP AND ECHO
Active duty families have 90 days to enroll in EFMP and ECHO from the date of diagnosis.
* Mandatory to receive ABA

✔ ABA REFERRAL FROM DIAGNOSING PROVIDER
Your primary care provider or diagnosing provider must submit a referral for ABA. Depending on the region, the referral must include:
TRICARE East: DSM-5 form and diagnostic report
TRICARE West: DSM-5 form, diagnostic report, and attestation form

✔ FIND AN ABA PROVIDER
Do your homework, don't rely solely on TRICARE to find a provider. Seek out local facebook groups or look up local providers in your area. Schedule an appointment for evaluation.

✔ COMPLETE OUTCOME MEASURES
The ABA provider will complete a Pervasive Developmental Disorder Behavior Inventory (PDDBI). The ABA provider may also complete the Vineland Adaptive Behavior Scales, Social Responsiveness Scale, and Parent Stress Assessments.

ABOUT THE ACD
The TRICARE Comprehensive Autism Care Demonstration (ACD) covers applied behavior analysis (ABA) services. Under the ACD, ABA services are authorized to target the core symptoms of autism spectrum disorder (ASD). It is currently authorized to run through Dec. 31, 2023.

ELIGIBILITY
To qualify for the ACD, your child must be:
- Enrolled in a TRICARE health plan
- Diagnosed with ASD by an approved provider

For more information: info@missionalphaadvocacy.com | www.missionalphaadvocacy.com