Catch a Wave with CARD!

Practice “reach supervision”
Where you are only an arm’s length away from the child.

Teach and practice water safety.

Assess your child’s risk for wandering and drowning risks.

Request and implement strategies to prevent wandering and drowning.

Safely Catch a Wave

🌟 Wear Bright Swimsuit Colors
👩‍⚕️ Take the Water Guardian Promise
👉 Close & Constant Supervision
🚫 Cut out distractions
 💼 CPR Certified

Hands Only CPR Steps
1. Check the patient’s responsiveness
2. Check their breathing and pulse
3. Call 911
4. Administer chest compressions
5. Recheck breathing and pulse

Take the Water Guardian Promise
“I promise ....

I WILL provide close and Constant Supervision

I WILL cut out distractions

I WILL learn CPR and the signs of drowning

I pledge to be ON DUTY until relieved by another adult.”

813-974-2532 | usf.to/CARDautismsafety

CARD
CENTRE FOR AUTISM & RELATED DISABILITIES AT THE UNIVERSITY OF SOUTH FLORIDA
Florida’s First Choice for Autism Support

Florida Center for Inclusive Communities

University of South Florida