

The Report CARD



with the Bubel/Aiken Foundation

This winter, the Bubel/Aiken Foundation is sponsoring *Wrapping for Inclusion*, a nationwide holiday fundraiser. In exchange for wrapping gifts, they will collect donations that will benefit children with disabilities across the country. Monies raised will help fund projects of the Bubel/Aiken Foundation including its YMCA initiative that will bring programs of inclusion to YMCAs nationwide. This past summer, camps for children with and without disabilities were instituted by the Foundation in collaboration with YMCAs in Concord

and Raleigh, North Carolina and Kansas City, Missouri.

The Bubel/Aiken Foundation was started by Clay Aiken, who appeared on the second season of American Idol. The mission of the Bubel/Aiken Foundation is to provide services and financial assistance to facilitate the full integration of children with disabilities into the lives of those without disabilities.

The Bubel/Aiken Foundation's *Wrapping for Inclusion* project will take place locally during the month of December at the Virgin Megastore in Downtown Disney, Barnes & Noble-Waterford Lakes and Barnes & Noble on E. Colonial Drive. If you would like to volunteer to help wrap gifts at any of these locations, please contact Patty Goodridge by email at pattylaser@aol.com.

Wrightslaw "Bootcamp" Training Special Education Law

Featuring: Pete & Pam Wright

Friday & Saturday, January 21 & 22, 2005

- *Do you know your rights regarding your child's education?*
- *Have you ever questioned if your school can really say they do not have to do what you have asked for?*

This seminar is designed to meet the needs of parents, educators, health care providers, advocates and attorneys who represent children with disabilities. This 9 hour advocacy seminar will focus on: special education law rights and responsibilities; tests and measurements to measure progress and regression; SMART IEPs; and an introduction to tactics and strategies for effective advocacy.

Holiday Inn at UCF
12125 High Tech Avenue ~ Orlando, FL 32817
Directions: 407-275-9000
Remember to ask for the Wrightslaw room rate.

Registration & Conference Questions:
407-823-1297 - The brochure is available at:
<http://www.ucf-card.org>

The Centers for Autism and Related Disabilities and the Florida Outreach Project for Individuals with Deaf-Blindness are excited to announce their

12th Annual Statewide Conference

ADOS Training Workshop for Professionals
January 13 & 14, 2005 - *REGISTRATION IS FULL*

Pre-Conference Teacher Day &
Pre-Conference Focusing on Adult Services
January 14, 2005

12th Annual CARD Conference
January 15 & 16, 2005

Self Development Workshops
January 15 & 16, 2005

Location: Florida Mall Hotel (previously Adam's Mark)
1500 Sandlake Road ~ Orlando, FL 32809
Phone: 1-800-588-4656 or 407-859-1500
Remember to ask for the CARD Conference room rate.

Don't Delay...Register Today!

Conference Questions:
407-737-2566 or 1-888-558-1908
The conference brochure and registration form
is available at: <http://www.ucf-card.org>

University of Central Florida Center for Autism and Related Disabilities

12001 Science Drive, Suite 145
Orlando, Florida 32826

Phone: 407-737-2566

Toll Free: 1-888-558-1908

FAX: 407-737-2571

Website: <http://www.ucf-card.org>

E-mail: ucfcard@mail.ucf.edu

Counties Served:

Brevard, Lake, Orange, Osceola, Seminole,
Sumter and Volusia.

CARD serves individuals with Autism, PDD-NOS, Asperger's Syndrome, Rett Syndrome, CDD, Dual-Sensory Impairment and related disabilities, their families and professionals involved in their treatment and education.

CARD Staff

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Ext. 51 - airodrig@mail.ucf.edu



What is Buddy Break?

Buddy Break is a respite program designed to give caregivers of kids with special needs (VIP kids) a break from their ongoing caregiving responsibilities for three hours (10:00am -1:00pm) *one Saturday morning a month*. Your child can make new “buddies,” have fun playing games, hear and see great children’s stories, videos, music and more...and you get a break!

Who are VIP kids?

Any child with any physical, mental, medical disability or life threatening illness is a VIP kid.

Where is Buddy Break?

This monthly program is held at Calvary Assembly, which is located at 1199 Clay Street in Winter Park. (Just off Interstate 4, between the Par and Fairbanks exits.)

How do I sign up?

- There is a required orientation which is held monthly during Buddy Break at 11:00am for the caregivers to meet you and your children.
- You must make a reservation by calling Kari at Calvary Assembly at (407) 644-1199 x285.
- THERE IS NO COST FOR THIS RESPITE.
- This is for VIP children birth ages: 2 to 16 years old, and their siblings: 4 years old to 5th grade.

For more information about Nathaniel’s Hope and other programs for VIP kids and their families please call 407-857-8224 or visit their website at: <http://www.NathanielsHope.org>

Check Out Our Calendar of Events!

Sometimes we schedule events after the Report CARD has been published or, for reasons beyond our control, we must cancel or reschedule workshops or trainings that are announced in the Report CARD. Stay up-to-date and check the status of scheduled events online at <http://ucf-card.org/news/calendar.htm> or request Email Updates by emailing us at ucfcard@mail.ucf.edu.



Don't wait till the last minute, sign up early for workshops that you would like to attend!

All workshops require registration with UCF CARD, unless otherwise stated, and may be cancelled if at least 5 people have not registered by the day prior to the scheduled workshop. Workshops are for adults only. Childcare is not provided. Families that bring their children will not be able to participate.

Call to register: 407-737-2566 or 1-888-558-1908 (toll free)

WORKSHOPS

~ December ~

Welcome to My Strange Little World

Presenters: Teresa Daly & Marilee Emerson

- 12/6/04 - 6:30pm at UCF CARD Office

CARD Orientation

Presenter: Judee Samuels Podvin

- 12/7/04 - 6:30pm at UCF CARD Office

~ January ~

CARD Orientation

Presenter: Judee Samuels Podvin

- 1/18/05 - 6:30pm at UCF CARD Office

~ February ~

411 on 911

Presenter: Eileen Wray

- 2/3/05 - 6:30pm at UCF CARD Office

Potty Primer - BREVARD COUNTY

Presenter: Kim Spence-Cochran

- 2/9/05 - 6:30pm at the Educational Services Complex - 2700 Judge Fran Jamieson Way, Viera

CARD Orientation

Presenter: Judee Samuels Podvin

- 2/15/05 - 6:30pm at UCF CARD Office

Bully Proofing

Target audience: parents and professionals of Elementary and Middle School age children with ASD and AS.

Part 1: Facing the Bully

Presenters: Erin Brooker & Kim Nichols

- 2/21/05 - 6:30pm at UCF CARD Office

Part 2: Rising Above the Bully

Presenters: Erin Brooker & Kim Nichols

- 2/22/05 - 6:30pm at UCF CARD

~ March ~

The Good, The Bad and The Ugly: IEP Meetings

Ever been to a horrific IEP meeting? Learn how to turn them around. Presenter: Teresa Daly

- 3/1/05 - 6:30pm at UCF CARD Office

My Kid UNCENSORED!

Presenter: Marilee Emerson

- 3/9/05 - 6:30pm at UCF CARD Office

Sex in the City

Presenter: Kim Spence-Cochran

- 3/10/05 - 6:30pm at UCF CARD Office

Attacking Academics: Home Solutions for Reading Comprehension

Presenter: Marilee Emerson

- 3/15/05 - 6:30pm at UCF CARD Office

CARD Orientation

Presenter: Judee Samuels Podvin

- 3/22/05 - 6:30pm at UCF CARD Office



**February 2005
Orlando, FL**

SibShops is a fun workshop just for siblings (ages 7-14) who have brothers and sisters with an autism spectrum disorder. It's a great opportunity to meet with other siblings in a relaxed, recreational setting.

Confirm Your Attendance!

Call for date and location:

407-737-2566 or 1-888-558-1908

New Kids on the Block Training Series for Parents of Young Kids Newly Diagnosed Autism Overview for the Newly Diagnosed

Presenter: Teresa Daly

- 1/19/05 - 6:30pm at UCF CARD Office

Behavior Basics I

Presenter: Troy Dixon

- 1/26/05 - 6:30pm at UCF CARD Office

Behavior Basics II

Presenter: Troy Dixon

- 2/2/05 - 6:30pm at UCF CARD Office

Cracking the Code: Understanding Communication in Children with Autism Spectrum Disorders

Presenter: Erin Brooker

- 2/9/05 - 6:30pm at UCF CARD Office

Teaching Your Child At Home: Methods

Presenter: Teresa Daly

- 2/16/05 - 6:30pm at UCF CARD Office

Teaching Social & Play Skills

Presenter: Teresa Daly

- 2/23/05 - 6:30pm at UCF CARD Office

Potty Primer

Presenters: Teresa Daly & Marilee Emerson

- 3/2/05 - 6:30pm at UCF CARD Office

Workshop Descriptions

411 on 911

Does your child wander? Is your child getting older, and maybe having interactions with the police? Did you know that unless it is a life or death situation, your child will not be treated at the hospital without your written consent if you are not there? This workshop is designed to assist parents and caregivers to become proactive for emergency and non-emergency situations. Participants will learn techniques to help avoid certain situations and ways to keep situations from being blown totally out of control. There will be lots of information to take home.

Attacking Academics: Home Solutions for Reading Comprehension

Ms. Emerson will help parents understand development of reading comprehension for school age children with autism. Parents who are looking for fun and meaningful activities to support their children's learning across settings are encouraged to attend. Activities will be demonstrated and materials provided. A brief questionnaire will be sent to workshop registrants. Space is limited to 10.

Autism Overview for the Newly Diagnosed

Ever wonder how that doctor decided your child has autism? What exactly makes PDD-NOS different than autism? Is it better to have a diagnosis of Autism Spectrum Disorders than Autism? This session will provide an overview of the Autism Spectrum Disorders, including PDD-NOS, Autism, Asperger's Syndrome and Rett Syndrome. Information will be provided in plain language, with ample opportunity for questions. *Families new to the diagnosis, or extended family members including grandparents and older (8-18) siblings are invited to attend to learn more about these conditions.*

Behavior Basics I

This presentation will cover the art of increasing behaviors you want to increase, such as following directions, self-help and independence skills, using principles of ABA. The concepts of shaping, differential reinforcement, stimulus control and reinforcer assessment will be covered.

Behavior Basics II

This presentation will cover what to do when you have a problem behavior and how to look at problem behaviors from a functional, behavioral perspective using principles of ABA. The concepts of functional assessment and strategies for reducing and replacing behavior will be discussed.

Bully Proofing - Part 1: Facing the Bully

This workshop will cover: 1) How to recognize a bully, 2) Types of bullies, 3) Signs that your child has been a victim of bullying, 4) Effects of bullying on your child.

Bully Proofing - Part 2: Rising Above the Bully

This workshop will discuss known strategies that have been proven effective in coping with as well as preventing bullying of children with ASD and AS at the Elementary and Middle School levels.

CARD Orientation

This workshop is for newly registered parents and/or parents who want a clearer understanding of the CARD program and services. The orientation will cover the history of CARD, what services CARD can provide, services CARD cannot provide and how CARD can impact the life of your child at home, school and in the community. Orientation is offered once a month.

Cracking the Code: Understanding Communication in Children with Autism Spectrum Disorders

Interactive workshop for parents and professionals who would like to gain basic knowledge of communication development in children with autism spectrum disorders, early intervention strategies to enhance communication, use of visual supports and play. Video clips and demonstrations of strategies will be provided.

My Kid UNCENSORED!

Parents will learn how to create an "owner's manual" for their child. This manual has been proven through research to ease transitions between grades and schools. Hands-on workshop with lots of examples.

Potty Primer

Participants will receive an overview of toilet training for young children with autism spectrum disorder. Prerequisites will be covered along with readiness signs, data collection and research proven techniques. *** Child must be ambulatory. ***

Sex in the City

This training will provide information regarding research-based, "best practices" in the area of sexuality education for people with autism spectrum disorders. Specific strategies and educational information will be provided in the following areas: puberty, appropriate boundaries, personal hygiene and masturbation.

CAUTION: Language, pictures, and videotape presented will be graphic in nature and may be offensive to some individuals.

Teaching Social & Play Skills

This presentation will focus on the developmental steps of play, intervention strategies, what research has taught us about the importance of teaching play, and how to move your child on the continuum from dump and spread to fantasy and role play. Beginning social skills will also be addressed.

Teaching Your Child At Home: Methods

This presentation will cover the basic Applied Behavior Analysis (ABA) methodologies, proven through research, to be effective in teaching children with autism spectrum disorders. A brief overview of methodologies, research, claims and areas to targets will be provided. Skills will focus on home living and communication (not academics!).

Welcome to My Strange Little World

Strategies for understanding and supporting students with Asperger Syndrome and High Functioning Autism in regular education settings.

SUPPORT GROUPS

Brevard County

B-FOCASD, Inc.

Cari Wheat: 321-727-1028

Email: cwheat@cfl.rr.com

Website: <http://www.bfocasd.com>

Parent to Parent of Brevard, Inc.

Information: 321-409-2030 / 800-368-9604

Email: mfrcbrevard@aol.com

Lake County

God's Exceptional Moms (GEMS)

Wendy Baugh: 352-245-8930

Email: a_baugh@msn.com

Parents Helping Parents of Florida, Inc.

Information: 352-687-2257

Email: support@phpf-fountain.org

Website: <http://www.phpf-fountain.org>

Supporting and Encouraging Educational Development (SEED)

Groveland, Groveland Elementary:

Lee Ann Whipple: 352-253-6651

Debbie Stedelin: 352-253-6615

Leesburg, Skeen Elementary:

Shelley Cook: 352-787-5224

Orange County

Adults with Asperger's Syndrome Social Group

Karen Wesley: 407-737-2566 x53

Email: kwesley@mail.ucf.edu

Autism and Related Disabilities Gym Program and Support Group

FREE structured gym program during support group.

Page Jo-Anne Houwers: 407-740-3500

Autism Society of Greater Orlando

Donna Lorman: 407-855-0235

Email: dlorman@cfl.rr.com

Website: <http://www.asgo.org>

Dad's Only Support Group

Information: 407-852-3332

For Women Only

Ellie Hauser: 407-852-3331

Email: ehauser@ucpcdc.org

Mom's Group of Friends

Donna Barley: 407-876-6728

Email: dbarley367@aol.com

Website: <http://www.st.lukes.org/>

Orlando Asperger's Family Support Group

Meetings are held quarterly at the UCF CARD Office.

Next Meeting: Monday, January 31st at 7:00 PM

RSVP / Information: 407-737-2566 / ucfcard@mail.ucf.edu

Orlando Hispanic Autism Support Group

Aimara Rodriguez: 407-737-2566 x51

Email: airodrig@mail.ucf.edu

Website: <http://www.geocities.com/hisautismfl>

Parents and Professionals Assisting and Supporting Children with Autism and other Related Disorders (PPASCARD)

Carol Tucker: 407-523-7121

The Shining Sun / El Sol Brillante

Lydia Santiago: 407-482-4791

Support Group for Parents and Siblings of Children with Any Disability

Information: 407-852-3373

Visual Impairments Parent Support Group and Play Group for Children

Kathy Sciortino: 407-898-2483 x13

Osceola County

Osceola Support Group for Parents of Children with Disabilities

Beatrice Schindler: 407-518-6688

Email: beatrice@osceolasupportgroup.org

Seminole County

Gluten-Free / Casein-Free Diet Support Group

Karen Howington: 407-359-0356 /

khowington@mindspring.com

Laura Costanzo: 407-249-5575 / gfcfmomma@aol.com

Special Education Parent Teacher Association (SEPTA)

Information: 407-320-7871

Statewide

Family Network on Disabilities (FND) of Florida

Information: 800-825-5736

Volusia County

S.P.A.R.C. of Volusia Inc.

(Special Population Activities & Recreation Council)

Information: 386-409-5409

Website: <http://www.sparcofvolusia.org>

B-FOCASD, Inc.

Lora Brewer: 386-238-3913

Email: lora_bfocasd@msn.com

Website: <http://www.bfocasd.com>

BULLETIN BOARD

The Galaxy of Resources *An Information Fair*

Saturday, February 19, 2005
BCC - Melbourne Campus

Sponsored by Parent to Parent
Brevard with the District 7 Family
Care Council. Plan to attend and
find out what resources exist in
Brevard County.

Information: 321-409-2030 / 800-
368-9604

Special Needs Story Programs at Seminole County Public Libraries

Preschool programming emphasizing
music, puppets and stories especially
designed for children with special
needs and their families. All
programs are signed. Story
schedule: [http://www.scpl.lib.fl.us/
kids/kids_stories.html](http://www.scpl.lib.fl.us/kids/kids_stories.html)



BFOCASD Support Group *Holiday Reception*

Friday, December 10, 2004
7:00pm - 10:00pm

Calabria's Italian Restaurant
2955 Pineda Causway, Melbourne

Tickets are \$20 and include dinner
and nonalcoholic beverages. A live
auction will begin at 8:30pm and
all donations/proceeds will go
toward family support and
education.

For more information or to make a
donation, contact Cari Wheat at
321-727-1028.

Series of FREE Workshops for Osceola Parents, Teachers & Paraprofessionals

Evening workshops will begin
December 16th and continue
through May 2005 at Cypress
Elementary. (English / Spanish)
*Limited child care will be provided,
call for availability.*

Call for dates, registration and
child care: 407-343-8719

- *Behavior Basics*
- *Visual Supports*
- *Setting Up To Promote
Communication*
- *Bullying*
- *Welcome to My Strange Little World (What
is Asperger Syndrome?)*
- *Potty Primer*
- *Portfolio Development*
- *PATH*
- *Diploma Decisions*

Return Service Requested

Non-Profit Org.
U.S. Postage Paid
Permit No. 3575
Orlando, Florida

University of Central Florida
Center for Autism & Related Disabilities
Post Office Box 162202
Orlando, Florida 32816-2202

DON'T FORGET TO
REGISTER FOR THE
FAMILY WORKSHOPS
ON PAGES 3 & 4!

